

Healing and Deliverance

May 17, 2026

We will begin in Psalm 107 please. In many ways, the things that we get into today are a reminder for what healing and deliverance is in the Bible, both Old and New Testaments. Healing in God's Word is one of the most significant things that His Word does for people from all walks of life. Without health, life is very tough, but with health and deliverance, people can begin to enjoy God's love and peace in profound ways. Today, we are going to take a look at healing and deliverance in the Bible.

Psalm 107:20 He sent his word, and healed them, and delivered *them* from their destructions [destructions=pit, pitfalls: a hidden or unsuspected danger or difficulty that can cause someone to fall or stumble]. "A pitfall is something that looks harmless—or even right—but can trip you up if you're not aware of it. Fatigue, for example, can be a *pitfall* in the ministry. Listening to wrong teaching can be a *pitfall*. Relying on the five senses over the Word can be a *pitfall*. God sent His Word and healed them, AND delivered them from dangerous pitfalls.

This is very important! It is God sending His Word that brings healing. He sent **His WORD**, as a result... the Word healed. A person sees or hears the Word of God, then comes the healing. Healing does not stand in front of The Word of God. **Ps 107:20** doesn't say, "He sent healing, and as a result His Word came along." The SPOKEN WORD OF GOD CAME FIRST! This truth must be observed in the proper order. It is the speaking of the Word that brings that greatest deliverance to a person's life. Any person. But a person cannot believe any more than he knows, and he cannot know any more than he has learned or been taught.

Romans 10:17 So then faith [*pistis, the right way of believing*] **cometh by hearing, and hearing by the word of God.**

If you truly want God's deliverance in your life, you must be humble enough and willing enough to take and accept God at His Word. Put your doubts and skepticism aside, better yet, cast them to Him, and believe.

We all believed it at least once in our lives when we believed **Romans 10:9**. That was just the beginning of our walk with God. Becoming born again is just the beginning. Everything else that we will ever learn and enjoy will come from our understanding of the rightly divided Word of God. Hence, it is important to study it, and then put it on in our minds on a regular basis. Not, "once-in-a-while," but frequently, day after day. Will there be days that we miss it? Of course. But we just pick it up again and practice it daily.

The new birth is the miracle of all miracles. It's called that because a person passes from death unto life in the blink of an eye. It quickly happens when a person confesses Jesus as lord and believes in their heart that God raised him from the dead. This is the greatest healing any human can experience! Once dead, now alive! It's not something that you feel. You cannot feel spirit.

You could say that if all a person ever knew was **Romans 10:9**, and went around teaching other people this ONE VERSE on how to get born again, that he / she would be a true miracle worker. That's powerful! Over and over again, people would be saved, born again of God's Spirit. True enough. However, there's more to life than just getting people saved Let's see God's complete salvation.

I Timothy 2:3 For this *is* good and acceptable in the sight of God our Saviour; **4** Who will have all men to be saved, AND to come unto the knowledge of the truth.

Again, the deliverance of salvation comes in an instant. God creates His Spirit within a person miraculously in less than a *nanosecond*! But then **verse 4** goes on to say it is God's will that ALL people be saved **AND**, "that all people would come unto the knowledge of the truth. "unto the knowledge=**epignōsis** of the truth. Not "a" knowledge, but **THE** knowledge of the truth. That takes time. It is really an ongoing process. It is **epignōsis**, recognition of a thing known. Like learning to fly. You don't just hear how to fly, you must learn it empirically, **experientially**! Not crash and burn! But that you know that you

know that you know! In the same manner, you don't come to **THE** knowledge of **THE** truth in an instant, like the new birth comes. It's a development, an expansion, a progress of growth. It takes **TIME**.

We must boldly build the integrity of the Word in our lives. The word, "Integrity" means: the honesty, the veracity, the truthfulness, and the reliability of God's Word. That's integrity. We come to realize that it means what it says and says what it means. As we do this, then comes the deliverance. We keep putting on the Word. Repeat it over and over in your life. Repetition is the art of remembrance. For example, let's look at **Philippians 4**.

Philippians 4:19 But my God shall supply all your need according to his riches in glory by Christ Jesus. This verse is a very healing verse. Knowing that all your need is taken care of is healing.

Is that true? We can simply mentally ascent to this, "Yeah, it says God will meet my need according to His riches in glory, yeah, yeah but then what?" "Do I really believe this verse of Scripture? Do I really believe that God will take care of me?" OR is there a "backup plan?" This might be something that you have to repeat in your heart and mind over and over before you "come to the knowledge of the truth" regarding this. The Word first → believing → deliverance. Let's say that you need a place to live. You get clear on what you want. You know that God meets your need, not your greed. But it states that God does supply from HIS riches in glory. So, it's not going to be junk. It's not scraping by. It's God's fulfillment of His Word according to His standard of: "HIS riches in glory."

Once you get this down, you will be so blessed. It will work throughout your entire life. If you have a need, God's Word says He will meet that need. You just keep giving Him the chance to do it!

Psalms 55:22 Cast thy burden upon the LORD, and he shall sustain thee: he shall never suffer the righteous to be moved [taken out / destroyed].

1 Peter 5:7 Casting all your care [merimna] upon him; for he careth for you.

If a thought becomes a "care," you give it to God. You actually throw it to Him. The English word "care" is better translated "anxiety." You throw your anxiety to God.

Philippians 4:6 Be careful [anxious, same word as "care in 1 Peter 5:7] for nothing; but in every thing by prayer and supplication with thanksgiving let your requests [petitions] be made known unto God.

These verses are such great truths. They are there for us to believe. We don't let cares dominate us.

Matthew 6:25 Therefore I say unto you, Take no thought [anxious, same word as "care" in 1 Peter 5:7] for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?

"Take no thought," or "don't be anxious." Anxiety is the trigger for doubt, worry and fear. Stop that cycle! Anxiety is the enemy. Carry the thoughts of God's Word, and it will wipe out that anxiety.

Once we get this principle down and keep practicing giving our anxieties to God, it becomes who you are and how you act and react to life's situations. We all WANT to believe; it's perhaps a matter of consuming enough of it on a daily basis that that reality becomes you. You can truly be an effective minister of Jesus Christ, both in your teaching or sharing of God's Word, and in your effectiveness to operate more of the manifestations of holy spirit. You will see it, and other people will see it in your life as well. When that happens, it builds the community of believing. More people get delivered.

Matthew 8:5 And when Jesus was entered into Capernaum, there came unto him a centurion, beseeching him, **6** And saying, Lord, my servant lieth at home sick of the palsy, grievously tormented. **7** And Jesus saith unto him, I will come and heal him. **8** The centurion answered and said, Lord, I am not worthy [he was a Gentile] that thou shouldst come under my roof: but speak the word only, and my servant shall be healed. **9** For I am a man under authority, having soldiers under me: and I say to this man, Go, and he goeth; and to another, Come, and he cometh; and to

my servant, Do this, and he doeth it. 10 When Jesus heard it, he marveled, and said to them that followed, Verily I say unto you, I have not found so great faith [pistis, believing], no, not in Israel.

That must have been some serious believing that Jesus saw in order for him to marvel! The word, “marveled” is the Greek word meaning “**to wonder with amazement and admiration.**” As a result, the centurion’s servant was healed. The centurion just needed Jesus to speak the Word, speak the Word, speak the Word! And when he did, the centurion believed it and the servant was healed.

Verse 13 And Jesus said unto the centurion, Go thy way; and as thou hast believed, so be it done unto thee. And his servant was healed in the selfsame hour [immediately].

In this verse is again is the truth that the Word comes first, then comes the healing. Even if the Word to this centurion was, “**go thy way, as thou hast believed, so be it done unto thee.**” That’s all he needed to hear, and there was a miraculous healing that took place as a result. Truly, that is all we need to hear, “as thou hast believed, so be it done unto thee.”

Whether or not it is a physical malady, or a mental block, or a spiritual need, God will supply the answer! He will be true to what He has said to you. Take His Word personally. Put your name in each verse: “Jack, God will supply all your need!” or “Jack, don’t be anxious.” “Jack, cast your care to Him, because He does care for you [Jack].”

So simple. It works this way throughout the Word of God. Now, someone may think, “Hey, what about the woman who touched the hem of his garment? Let’s look at that.

Mark 5:25 And a certain woman, which had an issue of blood twelve years, 26 And had suffered many things of many physicians, and had spent all that she had, and was nothing bettered, but rather grew worse, 27 When she had heard of Jesus, came in the press behind, and touched his garment. 28 For she said, If I may touch but his clothes, I shall be whole. 29 And straightway the fountain of her blood was dried up; and she felt in her body that she was healed of that plague. 30 And Jesus, immediately knowing in himself that virtue had gone out of him, turned him about in the press, and said, Who touched my clothes? 31 And his disciples said unto him, Thou seest the multitude thronging thee, and sayest thou, Who touched me? 32 And he looked round about to see her that had done this thing. 33 But the woman fearing and trembling, knowing what was done in her, came and fell down before him, and told him all the truth. 34 And he said unto her, Daughter, thy faith hath made thee whole; go in peace, and be whole of thy plague.

In verse 27, it states “when she heard of Jesus...” Well, what did she hear about him? That he was a really handsome guy? That he carried himself with dignity? That he played for the Lakers? No! Jesus was not just “some prophet” that she heard about. Jesus Christ was the Word of God incarnate, the LOGOS! His life was the manifestation of what God’s Word was all about. She absolutely knew that if she touched him, she would be healed. Why? Because she had heard about him. She believed the Word concerning him, and then she acted on what she believed.

Psalms 107:20 He sent his word, and healed them, and delivered them from their destructions [pitfalls].

Lamentations 3:22 It is of the LORD'S mercies that we are not consumed [destroyed], because his compassions fail not. 23 They are new every morning: great is thy faithfulness.

Always remember, it is His Word that is the true healer and faithful deliverer. Healing and health are among the most significant things God’s Word addresses for all people. Because physical, mental, and spiritual well-being affect every part of life. But God takes care of us. God will provide, support, and defend His people. So many examples of this... Naaman, blind man in John 9, Saul of Tarsus, Dorcas, lame man at Temple gate, US! It was God, our Father... sending His Word into our lives and it healed us. It delivered us. This we know, and this we believe, as we hope for Christ’s return. **God bless you!**